

### MHDS Regional CEO Contacts

Regions	Counties in the Region	CEO	Email Address	Mailing Address				Phone	Fax
Central Iowa Community Services	Boone, Franklin, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren	Jody Eaton	<a href="mailto:jody.eaton@cicsmhds.org">jody.eaton@cicsmhds.org</a>	115 N 2nd Ave E		Newton, IA	50208	641-791-2304	641-787-1302
County Rural Offices of Social Services (CROSS)	Decatur, Clarke, Lucas, Marion, Monroe, Ringgold, Wayne	Kathy Lerma	<a href="mailto:deccpc@grm.net">deccpc@grm.net</a>	201 NE Idaho		Leon, IA	50144	641-446-7178	641-446-8208
County Social Services (CSS)	Allamakee, Black Hawk, Butler, Cerro Gordo, Chickasaw, Clayton, Emmet, Fayette, Floyd, Grundy, Hancock, Howard, Humboldt, Kossuth, Mitchell, Pocahontas, Tama, Webster, Winnebago, Winneshiek, Worth, Wright	Bob Lincoln	<a href="mailto:blincoln@countysocialservices.org">blincoln@countysocialservices.org</a>	1407 Independence Avenue		Waterloo, IA	50703	641-330-0455	319-291-2624
Eastern Iowa MHDS Region	Cedar, Clinton, Jackson, Muscatine, Scott	Mike Johannsen	<a href="mailto:mjohannsen@co.muscatine.ia.us">mjohannsen@co.muscatine.ia.us</a>	315 Iowa Ave, Suite 1		Muscatine, IA	52761	563-263-7512	563-262-9378
Heart of Iowa Region	Audubon, Greene, Guthrie, Dallas	Darci Alt	<a href="mailto:darci.alt@dallascountyiowa.gov">darci.alt@dallascountyiowa.gov</a>	Dallas County Community Services	25747 N Avenue	Adel, IA	50003	515-993-1736	515-993-5872
Mental Health/Disability Services of the East Central Region (MHDS-ECR)	Benton, Bremer, Buchanan, Delaware, Dubuque, Iowa, Johnson, Jones, Linn	Mechelle Dhondt	<a href="mailto:Mechelle.Dhondt@linncounty.org">Mechelle.Dhondt@linncounty.org</a>	1240 26th Ave CT. SE		Cedar Rapids, IA	52404	319-892-5670	319-892-5679
Northwest Iowa Care Connections	Clay, Dickinson, Lyon, O'Brien, Osceola, Palo Alto	Kim Wilson	<a href="mailto:kwilson@co.clay.ia.us">kwilson@co.clay.ia.us</a>	215 West 4th, Suite 6		Spencer, IA	51301	712-262-9438	712-262-9016
Polk County Health Services	Polk (exemption approved)	Susan Osby	<a href="mailto:s.osby@pchsia.org">s.osby@pchsia.org</a>	Polk County River Place	2309 Euclid Avenue	Des Moines, IA	50310	515-243-4560	515-243-8447
Rolling Hills Community Services Region	Buena Vista, Calhoun, Cherokee, Crawford, Sac, Ida, Carroll	Dawn Mentzer	<a href="mailto:dmentzer@bvcountyiowa.com">dmentzer@bvcountyiowa.com</a>	605 Cayuga St.	PO Box 253	Storm Lake, IA	50588	712-749-2556	712-749-2707
Sioux Rivers Mental Health and Disabilities Services	Plymouth, Sioux, Woodbury	Shane Walter	<a href="mailto:shanew@siouxcounty.org">shanew@siouxcounty.org</a>	210 Central Ave SW, Courthouse	P.O. Box 233	Orange City, IA	51041	712-737-2999	712-707-9243
South Central Behavioral Health Region	Appanoose, Davis, Mahaska, Wapello	Jennifer Vitko	<a href="mailto:jvitko@wapellocounty.org">jvitko@wapellocounty.org</a>	PO Box 217	102 E Main	Ottumwa, IA	52501	641-683-4576	641-683-8370
Southeast Iowa Link (SEIL)	Des Moines, Henry, Jefferson, Keokuk, Lee, Louisa, Washington, Van Buren	Ryanne Wood	<a href="mailto:rwood@LeeCounty.org">rwood@LeeCounty.org</a>	PO Box 937	307 Bank Street	Keokuk, IA	52632	319-524-1052	319-526-8564
Southern Hills Regional Mental Health	Adair, Adams, Taylor, Union	Lori Nosekabel	<a href="mailto:lnosekabel@aol.com">lnosekabel@aol.com</a>	106 Central #106		Glenwood, IA	51534	712-525-1337	712-525-1249
Southwest Iowa MHDS Region	Cass, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie, Shelby	Suzanne Watson	<a href="mailto:swatson@swiamhds.org">swatson@swiamhds.org</a>	515 5th Avenue		Council Bluffs, IA	51503	712-328-5643	712-328-5668